

# BALANCING ENGAGEMENT AND DETACHMENT: *Skills from the Dramatic Arts*



**Megan Cole, Artist-in-Residence**

**Mondays and Wednesdays, March 13 - 29, 2006**

**12:00 – 1:00 p.m.**

**Medical School Building Basement (*see below for locations*)**

**BLUE BOOK CREDIT AVAILABLE TO MEDICAL STUDENTS ATTENDING  
4 OUT OF 6 LECTURES**

*This course consists of six interlinked workshops for healthcare students who wish to explore the principles and skills of balancing thought and feeling in the physician/patient encounter. The instructor is a professional actor with a specialty in using actors' techniques to understand the unique world of the patient.*

**Monday, March 13, Session #1, B.645**

**FUNDAMENTAL PRINCIPLES OF BALANCE**

The essential components of a good balance between thought and feeling, and why that balance is important.

**Wednesday, March 15, Session #2, B.100**

**THE TWO BASIC SKILLS: FOCUS AND SELF-WATCH**

Mechanisms for leaving our “baggage outside the door.”

**Monday, March 20, Session #3, B.605**

**EVALUATION SKILL: ACTION/OBJECTIVE/OBSTACLE**

Tools for analyzing difficult encounters with patients.

**Wednesday, March 22, Session #4, B.605**

**THE HIDDEN REALITY: STATUS**

Increasing awareness of the basic element in all human interaction.

**Monday, March 27, Session #5, B.645**

**INTERNAL REALITIES: SUBTEXT**

Becoming skilled at reading nonverbal messages.

**Wednesday March 29, Session #6, B.645**

**EXTERNAL REALITIES: CONTEXT**

Increasing recognition of external influences on effective communication.

**LUNCH WILL BE PROVIDED FOR THE FIRST 50 ATTENDEES OF THE FIRST SESSION**